



### WisLAP services

- CLE approved educational training programs on preventing, recognizing, and addressing addiction, stress, depression, and other mental health issues
- Assistance with early identification of impairment
- Consultation and referral to appropriate treatment resources
- Referral to a trained peer assistant -- an attorney or judge who has committed time to assist a struggling colleague by providing support, understanding, and guidance
- Information and consultation for those who are concerned about a legal professional



The Wisconsin Lawyers Assistance Program (WisLAP) is a member service of the State Bar of Wisconsin which provides free, confidential assistance to lawyers, judges, law students, and their families.

**WisLAP**  
Wisconsin Lawyers Assistance Program

For life's challenges confidential help is available 24 hours a day.

**For a confidential consultation –**

**Phone:** 800-543-2625

**Email:** [callwislap@wisbar.org](mailto:callwislap@wisbar.org)

**Web:** [wisbar.org/wislap](http://wisbar.org/wislap)

Helping Lawyers,  
Judges, and Law  
Students

**Live Well  
Every Day**

**WisLAP**

Wisconsin Lawyers Assistance Program



**STATE BAR OF WISCONSIN**  
*Your Practice. Our Purpose.®*

## The practice of law is demanding.

It demands your time, your energy, and your attention. As a lawyer, you assume enormous burdens on behalf of your clients and your firm, often forsaking your own well-being to ensure positive outcomes for others. These sacrifices, many times seen as necessary to achieve success, can lead to declining satisfaction in both your professional and personal lives, and exact a toll on your mental and physical health.

### Insist on better relationships, a better career, a better life

WisLAP can help you build on your strengths and provide additional guidance by offering services that promote physical, mental, and emotional health. In consultation with clinical staff, WisLAP uses trained volunteer attorneys and judges to provide support, direction, referral, and assistance. Call WisLAP for a consult on ways to improve your personal and professional well-being.



### Be proactive when facing life's challenges

Many legal professionals struggle with overcoming stress, depression, anxiety, or alcohol and drug problems. Research demonstrates attorneys suffer from mental illness and addiction at higher rates than the general population. WisLAP has a proven record of helping lawyers to overcome their struggles and to maintaining their health and wellness.

### Why call WisLAP?

- Do you feel things are not quite right or could be going better?
- Are you struggling to keep up with life, personally or professionally?
- Are you having problems with sleep, concentration, procrastination, or pessimism?
- Are you engaging in unhealthy addictive behaviors?
- Do you feel like you've lost control?

"From the very start, I found the WisLAP team to be supportive, non-judgmental, and dedicated to the program and services they offer and to those they serve. WisLAP offered me a second chance and the support that I needed to succeed."

### Confidentiality is our cornerstone

Personal problems are hard to talk about, especially for attorneys. WisLAP treats each request for help with the same confidentiality as the lawyer-client relationship. WisLAP staff and our trained volunteers are exempt from reporting professional misconduct to the Office of Lawyer Regulation under the provisions of Wisconsin Supreme Court Rules 20:8.3 (c). We have expertise in assisting with the complicated issues faced by lawyers, judges, law students, and their families.