**WisLAP services**

- CLE approved educational training programs on preventing, recognizing, and addressing addiction, stress, depression, and other mental health issues
- Assistance with early identification of impairment
- Consultation and referral to appropriate treatment resources
- Referral to a trained peer assistant — an attorney or judge who has committed time to assist a struggling colleague by providing support, understanding, and guidance
- Information and consultation for those who are concerned about a legal professional

The Wisconsin Lawyers Assistance Program (WisLAP) is a member service of the State Bar of Wisconsin which provides free, confidential assistance to lawyers, judges, law students, and their families.

**Helping Lawyers, Judges, and Law Students**

**Live Well Every Day**

For life’s challenges confidential help is available 24 hours a day.

**For a confidential consultation** –

**Phone:** 800-543-2625  
**Email:** callwislap@wisbar.org  
**Web:** wisbar.org/wislap
Be proactive when facing life’s challenges

Many legal professionals struggle with overcoming stress, depression, anxiety, or alcohol and drug problems. Research demonstrates attorneys suffer from mental illness and addiction at higher rates than the general population. WisLAP has a proven record of helping lawyers to overcome their struggles and to maintaining their health and wellness.

Why call WisLAP?

- Do you feel things are not quite right or could be going better?
- Are you struggling to keep up with life, personally or professionally?
- Are you having problems with sleep, concentration, procrastination, or pessimism?
- Are you engaging in unhealthy addictive behaviors?
- Do you feel like you’ve lost control?

Confidentiality is our cornerstone

Personal problems are hard to talk about, especially for attorneys. WisLAP treats each request for help with the same confidentiality as the lawyer-client relationship. WisLAP staff and our trained volunteers are exempt from reporting professional misconduct to the Office of Lawyer Regulation under the provisions of Wisconsin Supreme Court Rules 20:8.3 (c). We have expertise in assisting with the complicated issues faced by lawyers, judges, law students, and their families.