



Your Safe Place to Turn for Confidential, Free Help

Your confidentiality is assured.
WisLAP is confidential according to Supreme Court rule. We do not report to the school or the Board of Bar Examiners.

Call: (800) 543-2625.

Email: callwislap@wisbar.org.

For more information and links to helpful resources, check out our Web page at:
www.wisbar.org/wislap.

WisLAP
Wisconsin Lawyers Assistance Program

LAP62 5/16

Helping Law Students **LIVE WELL EVERY DAY**



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STATE BAR OF WISCONSIN
Your Practice. Our Purpose.®



Are You Healthy, Happy or is Your Head Just Bobbin' above the Water?

Law School can test you in many ways:

- The heavy workload
- The competitive atmosphere
- The mounting debt
- Fear of failure and/or fear of success
- Character and Fitness application
- The job hunt

Ever Find Yourself:

- Worried about your Bar application?
- Too tired or stressed to keep up?
- Problems with sleep or concentration?
- Using stimulants just to function?
- Engaging in other addictive behaviors?



Need time for you?

WisLAP. We Specialize in Change.

We Can:

- Connect you with attorney volunteers who have faced issues like yours and know what you're dealing with
- Answer questions about the Bar application
- Give you meaningful advice on healthy coping skills and problem solving
- Give you information on treatment programs, local support groups, and community resources
- Help you any way we can